

# Chef Solus Food Group Bingo Game Instructions

Here are all the printables that go with the Food Groups Bingo Game:

- A. The Bingo Food Group Cards (1-5) Each sheet has 2 cards. If you print out all five cards, then 10 kids can play bingo.
- B. The Chef Solus Bingo Markers: This page is optional, but you can cut out the bingo markers and children can use them to cover the spots on their bingo cards as food items are called out.
- C. Bingo Group Call Sheet: This page has the foods with their names shown. Each food item should be cut out and placed in a bowl or bag to be drawn. The bingo caller pulls that cards from the bowl or bag and calls out the name of the food item. Children then scan their bingo card and see if they have that food item. If so, they cover it up.
- D. Food Groups - Bingo Board: This looks just like the card sheet, but you do not cut up the individual food items. Instead, this is your board where the bingo caller will place the food cards that are drawn from the bag. The board is the reference to check the food items when a bingo is called.

## Before you play:

1. Print out the Bingo Food Groups Cards for Kids.. There are 5 pages (2 bingo cards on each page) for a total of 10 different bingo cards. You may want to paste the bingo cards on construction paper and laminate to make them last.
2. Print out the “Chef Solus Bingo Food Groups Call Sheet which has all the food characters. Cut each food square and place them in a bag or bowl. You may want to adhere food squares to construction paper and laminate so they will last.
3. Print out the Chef Solus Bingo Food Groups Game Bingo Board. It is a four pages long. You can paste this onto a long cardboard. This is the board where the food squares are placed as they are drawn.
4. Optional: Print the Chef Solus Bingo Markers and cut up each square. Depending on the number of players, you may need to print more than one page.
5. Select a bingo caller. This person will draw the bingo food squares and place them on the bingo board.




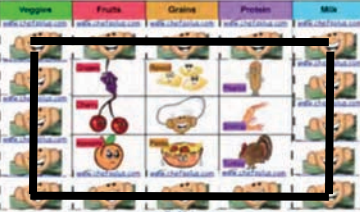
## Starting the game:

1. Have each person select a bingo card.
2. Place all the bingo food squares into a bag or bowl.
3. The caller will pull out one food square, describe it and show it to the other players. The caller will then place the food square onto the bingo board.
4. Each player will place a marker on the square that matches the food square called.
5. Once a bingo pattern is made on a card, the player will call out Food Bingo.
6. The bingo is checked against the food squares drawn and placed on the board.
7. First player to make a bingo wins!

Optional: You can also have the caller ask a question about the food group, my plate or favorite foods for each square called. Points can be assigned for answering questions correctly.



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Bingo Pattern	Example
Lines	
T's	
U	
Square	
Blackout	